

Cultural	Name	Age
School	School	

Music & Performance

- ☐ Sing with others☐ See a theatre show
- $\ \square$ See a professional dance performance
- □ Perform in public
- ☐ Make some music
- ☐ Go to a gig
- ☐ Experience classical music
- ☐ Be on a radio show
- _____

Art & Craft

- □ Visit an art gallery
- ☐ Meet an artist
- □ Make some art
- □ Learn a craft
- □ Exhibit your art
- 0 _____

History & Heritage

- Visit a museum
- ☐ Learn about your local area☐ Investigate your family history
- ☐ Find out about a different time in history
- o _____

Culture & Community

- □ Volunteer or raise money for charity
- □ Visit a workplace
- □ Visit a university
- □ Visit a place of worship
- $\hfill \Box$ Explore different cultures
- $\hfill\Box$ Do something within your local community
- _____

Nature & Adventure

□ Spend time in the great outdoors
□ Go on a trip
□ ______
□ ____

Words & Verse

- $\hfill \square$ Share your writing publicly
- Meet an authorJoin the library

- ☐ Go to a poetry performance
- $\hfill\Box$ Do some public speaking

Additional thoughts

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